



# FIRST AID KIT

## ESSENTIALS

**Gauze swabs**

**Antiseptic or alcohol wipes**

**Plasters**

**Wound dressings**

**Medical tape**

**Triangular bandage**

**Conforming bandage**

**Antiseptic cream**

**Ice pack**

**Saline solution**

**Rehydration formula**

**Safety pins**

**Surgical scissors**

**Tweezers**

**Disposable gloves**



Replace any used items right away. Check your first aid kit twice a year - perhaps at the same time as you check your smoke alarm batteries.

Ask us about ready-made and custom first aid kits.



**Phone: 6652 2336**

**[chcpharmacy.com.au](http://chcpharmacy.com.au)**

Two locations

Specialist Medical Centre Coffs Harbour  
Toormina Medical Centre, Toormina

Open 7 Days | After Hours Pharmacy  
Free Home Delivery | Free Parking